

ERICA ANNE MELOE
P.T., OCS, COMT, M.B.A., M.A.

PROFESSIONAL EXPERIENCE

VELOCITY PHYSIOTHERAPY, New York, NY, 2010-present

Owner and Director

Owner and founder of a private physical therapy practice with an emphasis on specialized orthopaedic manual therapy. Established all the policies and procedures of the facility and manage daily operations of the practice. Treatment focus is manual therapy, motor control and neuro-muscular re-education.

PHYSIO SPORTS CENTER WEST, New York, NY, 2004-2010

Orthopaedic Manual Physical Therapist

Employed as an orthopaedic manual therapist treating a diverse caseload encompassing multi-diagnostic spinal conditions, headaches as well as peripheral joint disorders. Emphasis on manual techniques in the spine and extremities with a focus on evidence based practice. Excellent follow up with patients resulting in patient/practice loyalty and M.D. referrals.

B.E.S.T. ASSOCIATES, Pelham, NY, 2001-2003

Physical Therapist

Performed Functional Capacity Evaluations as per the Isernhagen protocol on various client populations, ranging from return to work candidates to disability cases. Recommended job modifications; liaised with case managers in the return to work process and generated functional rehabilitation plans.

LEWISBORO PHYSICAL THERAPY, Cross River, NY, 2000-2003

Physical Therapist

Evaluated and treated a wide variety of orthopedic diagnoses in a private practice setting with an emphasis on manual therapy. Developed treatment plans for patient populations ranging from high school/college athletes to acute/chronic spinal patients.

DEUTSCHE MORGAN GRENFELL INC, New York, NY, 1987-1997

Vice President- Global Fixed Income Sales

EDUCATION

B.S. SUNY STONY BROOK, Stony Brook, NY, 1999

Major in Physical Therapy / Licensed in New York (#020474)

Honors in Research Award: Sitting Functional Reach Test: Forward & Lateral Reaching

M.A. ADELPHI UNIVERSITY, Garden City, NY, 1996

Major in Exercise Physiology

Research: The Effect of 1 vs. 3 Sets of Strength Training on Knee Extension Strength

M.B.A. NEW YORK UNIVERSITY, Stern School of Business, New York, NY, 1986

Majors in Finance and International Business

B.A. MANHATTANVILLE COLLEGE, Purchase, NY, 1983

Major in Mathematics

LANGUAGES **Fluent in Spanish**

PROFESSIONAL SOCIETIES/ACTIVITIES

Member- American Physical Therapy Association (APTA)

Member- New York Physical Therapy Association (NYPTA)

Member- APTA-Orthopaedic, Private Practice and Sports PT Sections

Member- American Academy of Orthopaedic Manual Therapists (AAOMPT)

Physical Therapist Volunteer –Avon Breast Cancer 3-Day Crusade-2000, 2001, 2003
APTA Annual Meeting 2005-Boston, 2011-Washington DC
Lobby Day-NYPTA-Albany 2011, APTA-Washington DC 2011

POST PROFESSIONAL EDUCATION

Evidence in Motion

- Evidence Based Examination and Selected Interventions for Patients with Cervical/Thoracic Disorders. 2007.
- Evidence Based Examination and Selected Interventions for Patients with Lumbo-Pelvic Disorders. 2006

Maitland-Australian Physiotherapy

- MT-1: Basic Spinal 2001,
- MT-2, Basic Peripheral 2004
- MT-3, Intermediate Spinal 2006
- MT-4, Differential Diagnosis and Clinical Reasoning 2006
- MT-R Review Course for the Maitland-Australian approach including clinical reasoning, differential diagnosis and treatment technique selection. 2007
- MT-5 Certified Orthopaedic Manual Therapy Exam 2007

Institute of Physical Art/Integrated Manual Therapy Solutions

- Back Education and Training (BET) 2004
- Proprioceptive Neuromuscular Facilitation (PNF), 2001
- Cervico-Thoracic Integration (CTI) 2005
- Lumbo-Pelvic Integration (LPI), 2004
- Introduction to Motion Diagnostics of the Spine, Costal Cage, Pelvic Girdle 2006

NAIOMT: Principles of Differential Diagnosis in Orthopedic Manual Therapy 2005

Discover Physio: The Sports Pelvis 2008, Discover the Thorax 2010, Series 2012, 2014

Carl Steele: Somatic Basis for Differential Diagnosis 2009

Alan Weismantel: Functional Manual Therapy 2009

APTA:Home Study Course-Current Concepts Orthopaedic Physical Therapy, 2003, 2006

Disorders of the Knee, 2001

The Complicated Patient-Kevin Wilk-2002

Being in Balance (Therapeutic Ball), 2002

David Butler-Mobilization of the Nervous System, 2002, Explain Pain 2007, 2011

Movement System Impairment Syndromes Shirley Sahrmann, 2001,2005

Mulligan-Mobilization with Movement-Lower Quarter 2001

Advances in the Management of the Athletes Knee- Hospital for Special Surgery, 2001,

Sports Medicine for the Young Athlete-Hospital for Special Surgery 2004,2005

Evaluation and Treatment of the Overhead Athlete-Hospital for Special Surgery 2008

Functional Capacity Evaluation Training Course- Isernhagen Work Systems, 2001

Ergonomic & Injury Management Course-Isernhagen Associates, 1999

Functional Capacity Assessments, Job Function Description/Testing-DSI Work Systems 2011

Lorimer Moseley-Pain, The Brain and the Neuromatrix, 2010

The Barral Institute-Visceral Mobilization 1 & 2, General Listening Course, 2014, 2013

Brian Hoke-Practical Applications to the Biomechanics of the Foot and Ankle 2013

Craniosacral –The Cranium from a manual therapy perspective 2015